

CROSS WORKOUT

Pondělí	Úterý	Středa	Čtvrtek	Pátek
6:45 - 7:45			6:40 - 7:40	
TEAM PUMP			CROSS WORKOUT	
Honza			Filip	
7:00 - 8:00	18:00 - 19:00	18:15 - 19:15		17:30 - 18:30
CROSS WORKOUT	CROSS WORKOUT	TEAM PUMP		TEAM PUMP
Honza 2	Marilena	Honza		Marilena
18:15 - 19:15	19:00 - 20:00	18:00 - 19:00	18:15 - 19:15	18:45 - 19:45
CROSS WORKOUT	CROSS WORKOUT	CROSS WORKOUT	CROSS WORKOUT	CROSS WORKOUT
Marilena	Marilena	Marilena/Filip	Marilena	Marilena
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